



Ronald McDonald  
House Charities®  
New Mexico

# Help From Home

## REMOTE VOLUNTEER PROJECTS

### **Make a donation online by visiting [rmhc-nm.org](http://rmhc-nm.org)**

Your gift allows RMHC-NM to continue providing lodging and support services to families of pediatric patients during this stressful time.

### **Crochet or sew hats for our NICU babies**

These are always in demand for babies in the NICU and proven to help maintain body temperature and keep the little ones warm.

### **No-sew/tie blankets**

A cozy blanket can make anyone feel better, regardless of age. We welcome all sizes.

### **Make wearable masks**

During this time, reusable masks are essential. These can be made for kids or adults. Be sure to wash items before donating!

### **Make Cards for our Guest Chef Program**

Note cards are used by families to write "thank you" to our Guest Chef volunteers. We will provide the card stock, stamps and ink to prepare 4.25 x 5.5 cards. Call Maria for more information at 312-685-7588.

### **Host a gift card drive within your community**

Gather a group of friends and collect gift cards. These gift cards can be from Target, Walmart, Amazon, or a local restaurant. All gift cards will be used for meals, cleaning supplies, paper products, or given to families needing assistance.

### **Toiletry Kits**

When guests check in to the House, they receive a toiletry kit in their room. If you have travel-sized toiletries on hand, consider making a kit for families. We also have toiletries that can be picked up at the House and assembled at home. Call Maria for more information at 312-685-7588.

### **Create Thank You cards**

Use your creativity to design handmade cards for staff or families to use. We use the following types of cards: Birthday, Thinking of You, Congratulations, Thank You, and blank cards.

### **Provide Dinner for our families**

Would you like to provide dinner for the families we serve? Visit [rmhc-nm.org](http://rmhc-nm.org) for opportunities to Sponsor A Meal for families staying at the Ronald McDonald House.

### **Activity Kits**

Activity Kits for children and adults alike are always appreciated. Including:

1. Coloring books
2. Craft kits
3. Puzzles
4. Crosswords or word searches

### **Use Amazon to order our Wish List Items**

This is the easiest one yet! From the comfort of your own home, order anything from our Wish List and it will be delivered directly to our door! Our lists include everyday items needed most, snacks and supplies for the House! Visit

[https://smile.amazon.com/hz/charitylist/lr/1SRNFII8D3VY/ref=smi\\_ext\\_lnk\\_lcl\\_cl](https://smile.amazon.com/hz/charitylist/lr/1SRNFII8D3VY/ref=smi_ext_lnk_lcl_cl)

### **Ready to deliver your generous gifts?**

All items from this list can be shipped to RMHC-NM  
1011 Yale Blvd. NE, Albuquerque, NM 87106

### **OR Drop-off Hours**

Saturday – Sunday 9:00 am – 5:00 pm

Please practice precautions and adhere to any social distancing guidance put in place if you choose to go to retail businesses to purchase any items needed to complete these projects.